

∞ Reiki ∞

Translates as “*Universal Life Force Energy*”. Reiki is a safe, gentle, and relaxing hands on healing practice that originated in Tibet when it was discovered by Dr. Mikao Usui. Reiki accelerates healing by balancing the natural energy systems of the body. Stress and even ordinary daily events can block our natural life force energy, causing mental and physical ailments. Reiki assists in the natural healing flow of energy eliminating imbalances in energy, releasing pains, and creating overall wellbeing.

The Healing Spirit Of Reiki

Everyone has the ability to heal one’s self and to help others in their healing process. Universal energy flows through all of us, however s person’s flow of energy can become blocked during periods of stress and illness. Reiki is an immensely simple et powerful method of healing. Using the hands, this method can remove these blockages and restore the flow of energy throughout the body.

A Natural Flow

Reiki Practitioners aim to draw energy from the universal life force that is all around us and then let it flow through their hands and into the person who needs healing. By laying their hands on or slightly above various parts of the body, Reiki practitioners transmit energy to release any blockages and help restore the body’s natural flow of energy. The effects of Reiki are not always immediate or obvious, although for some people they can be instant and dramatic.

A Spiritual Gift

Reiki is often seen as more than a complementary therapy. It is also regarded as a spiritual journey or a life path. Many people say that the healing and balancing of the body’s natural flow of energy creates a sense of openness. This offers the opportunity to expand one’s consciousness, as well as to release long- held stress and pain.

A Different Method of Healing

Unlike many other healing systems, Reiki is not directed toward achieving specific ends: the healing is believed to direct itself naturally to wherever it is most needed. During treatments, Reiki practitioners use specific hand positions that correspond to the physical body, it’s organs, and the seven chakras. Although Reiki is a hands on form of healing no manipulation of the body is involved, as it is with other therapies such as osteopathy, chiropractic, kinesiology, rolfing, massage, shiatsu, and reflexology. Therefore, with Reiki there is no risk of injury, aches, or pains occurring during or after treatment. Reiki can be used successfully in conjunction with other complementary therapies such as massage and aromatherapy.

The Power Of Reiki

Using Reiki regularly can help us to accept our place within the universe. Many of us feel the pain of not belonging or not feeling right within the world. Reiki can help bring us to a place of acceptance. The power of the natural world, which can be accessed through Reiki healing, helps to sustain and revitalize the spirit.



Reiki Client Intake

Date _____

Full Name _____ DOB _____

Email _____ Phone _____

Best method of contact? Email _____ Text _____ Call _____ (AM ___ PM ___)

Have you had a Reiki Session before? Yes _____ No _____

If Yes, when was your last session? _____

How did you hear about Reiki? _____

Do you have a particular concern or focus for today? _____

Are you sensitive to fragrance? _____

Are you sensitive to touch? _____

Are you sensitive to sound? _____

I understand that Reiki is a gentle, hands on or off energy technique that is used for bringing balance through the body's chakras, stress reduction and relaxation. I understand that Reiki practitioners do not diagnose conditions, nor do they prescribe or perform medical treatment, prescribe medications, nor interfere with the treatment of a licensed medical professional. I understand that Reiki does not take the place of medical care. I am responsible for my own healing journey and it has been recommended that I see a licensed physician or health care professional for any physical or psychological conditions. I understand that Reiki can complement any medical or psychological care I may be receiving. I understand that the body has the ability to heal itself and to do so, I acknowledge that long term imbalances sometimes require multiple sessions in order to facilitate the state of being needed by the body to heal itself. I understand that my practitioner may complement my Reiki session with additional beneficial therapies (i.e. aromatherapy, crystals, sound bowls or additional healing modalities).

Signature _____ Date _____

Privacy Notice:

No information about any client will be discussed or shared with any third party without explicit written consent or otherwise subpoenaed by a court of law. All treatments are given by a HIPAA Compliant Practitioner.

